



# BAPICON 2024

34<sup>th</sup> Annual Conference of Association of Physicians of India  
(Bihar Chapter)

Date : 15<sup>th</sup> - 17<sup>th</sup> November 2024  
Venue : DMC Administrative Block, Darbhanga



## SCIENTIFIC PROGRAMME



**Dr Amit Kr Das**

Chairman  
API Bihar



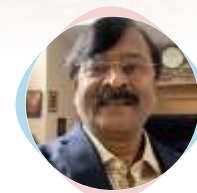
**Dr U C Jha**

Organising Chairman  
BAPICON - 2024



**Dr S C Jha**

Chairman, Scientific Committee  
BAPICON - 2024



**Dr R K Das**

Organising Secretary  
BAPICON - 2024



**Dr R K Jha**

Secretary  
API Bihar



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**Hall - "A" DAY 1, November 15<sup>th</sup> 2024, Friday**

TIME	TOPIC	SPEAKER	CHAIRPERSONS
<b>INAUGURATION OF SCIENTIFIC SESSION</b>			
<b>SESSION : CRITICAL CARE</b>			
15.00 - 15.15 hrs	Not the usual presentation of ABG-	Dr Milind Jha Darbhanga	Dr S K Prasad, Dr Dilip Kumar Sah,
15.15 - 15.30 hrs	Snake Bite Management- Recent Updates	Dr Shibendu Ghosh Kolkata	Dr U K Biswas
<b>SESSION : METABOLIC DISEASES</b>			
15.30 - 15.45 hrs	Autoimmune liver disease - an overview on immunological diagnosis	Dr Mallika Ghosh Kolkata	Dr A K Mehta, Dr Sanjeev Kumar
15.45 - 16.00 hrs	From NAFLD to MASLD- What does it mean	Dr Ajay Kr Sinha Patna	Dr U C Jha
16.00 - 16.15 hrs	An approach to Asymptomatic Hyperuricemia	Dr Udas Ghosh Kolkata	Dr Shibendu Ghosh, Dr Jyoti Prakash,
16.15 - 16.30 hrs	Sleep & NCD	Dr Sunil Agarwal Patna	Dr P M Shrivastava
<b>SESSION : 1 INFECTIOUS DISEASES</b>			
16.30 - 16.45 hrs	Antimicrobial Stewardship programme at a tertiary care centre	Dr Jyoti Prakash Patna	Dr R K Das, Dr K K Singh,
16.45 - 17.00 hrs	Enteric Fever – An Update	Dr Gagan Gunjan Ranchi	Dr. Manish Kumar
17.00 - 17.15 hrs	Management of TB in CKD	Dr P K Singh Begusarai	Dr C M Jha, Dr G N Jha Dr Abdul Wahab

**Hall - "A" DAY 2, November 16<sup>th</sup> 2024, Saturday**

<b>SESSION: DIABETES - I</b>			
09.15 - 09.30 hrs	DPP4 Inhibitors: Tailored care of every T2DM patient	Dr Kunal Kundan Patna	Dr S C Jha Dr Sanjeev Kumar
09.30 - 09.45 hrs	Inequalities galore- A Girl with T1DM and repeated DKA	Dr Supriyo Mukherjee Samastipur	Dr S N Goit
09.45 - 10.00 hrs	Education of a Diabetic Mother – DOs & DONTs	Dr Shaibal Guha Patna	Dr P M Shrivastava Dr R K Jha
10.00 - 10.15 hrs	Vaccination in Diabetes—How much important	Dr Shankha Sen Siliguri	Dr P K Singh
<b>SESSION: GUEST LECTURES</b>			
10.15 - 10.30 hrs	Sex disparity in endocrine metabolic disorders	Dr Santosh Kumar Singh Patna	Dr V N Jha Dr K K Yadav
10.30 - 10.45 hrs	A case of Hyponatremia- how to approach?	Dr Vijay Achari Patna	Dr Abhilok Jha
10.45 - 11.00 hrs	OH DOCTOR! Save Thyself!	Dr Devi Ram Purnea	Dr Shaibal Guha Dr Supriyo Mukherjee
11.00 - 11.15 hrs	Fat in the Body— Friend or Foe	Dr Anil Arora Delhi	Dr G N Dubey
11.15 - 11.30 hrs	Management OF Stroke in first 24 Hours	Dr A K Das Muzaffarpur	Dr Vijay Kumar Dr Arshad
11.30 - 11.45 hrs	Eye in clinical medicine	Dr Samarjit Banik Siliguri	Dr K K Jha
11.45 - 12.00 hrs	Common Pitfalls in the Management of Hypothyroidism	Dr A K Gupta Agra	Dr A K Das Dr Devi Ram
12.00 - 12.15 hrs	Pre- Diabetes— What is the Clinical Significance	Dr B B Thakur Muzaffarpur	Dr Sushil Kumar
12.15 - 12.30 hrs	Single pill therapy in the management of Hypertension	Dr K Tewari Muzaffarpur	Dr Narendra Kumar Dr S C Jha
12.30 - 12.45 hrs	Novel oral Anticoagulants : Which, when & where???	Dr Vijay Kumar Patna	Dr P K Thakur
12.45 - 13.00 hrs	Interesting Clinical Cases	Dr A N Rai Gaya	Dr K Tiwari, Dr G N Dubey Dr V N Jha

TIME	TOPIC	SPEAKER	CHAIRPERSONS
<b>SESSION: GUEST LECTURES- VIRTUAL</b>			
13.00 - 13.15 hrs	Managing cardiac patients in Bihar: Key Challenges & opportunities	Dr Ashish Thakur UK	Dr D P Singh Dr H S Sharma
13.15 - 13.30 hrs	Modern Management of Obesity- Practical Considerations	Dr Smita Thakur UK	Dr B B Thakur Dr H S Sharma
13.30 - 13.45 hrs	Microbiome Current Understanding and Clinical Practice	Dr D Nageshwar Reddy Hyderebad	Dr B B Thakur Dr D P Singh
<b>13:45 hrs to 14:30- LUNCH</b>			
<b>14.30 - 15.00 hrs DR SHAMBHU SARAN ORATION</b>			
	Topical diseases need a relook	Dr Jyotirmoy Pal, Kolkata President Elect, API	Dr A N Rai Dr C M Jha
<b>SESSION: DIABETES - II</b>			
15.00 - 15.15 hrs	Benefit of Resistance Training in Diabetes and metabolic health	Dr Aakash Singh Vadodra	Dr Anil Arora Dr Vijay Achari
15.15 - 15.30 hrs	Caramel Disease	Dr Bijay Patni Kolkata	Dr Syed Yousuf Faisa
15.30 - 15.45 hrs	Different Phenotypes of T2DM	Dr Arun Kedia Raipur	Dr S N Jha, Dr G N Jha Dr J C Jha
<b>SESSION: PULMONOLGY</b>			
15.45 - 16.00 hrs	Approach to Patients with Peripheral Eosinophilia and Lunginfiltrates	Dr Sudhir Kumar Patna	Dr S N Jha, Dr G N Jha, Dr J C Jha
16.00 - 16.15 hrs	Extrapulmonary manifestations of COPD	Dr Shree Mohan Mishra Muzaffarpur	Dr Sudhir Kumar, Dr Kunal Kundan Dr Praveen Kr Singh
16.15 - 16.30 hrs	Choosing the right biologics for severe asthma	Dr Sujeet Madhukar Patna	Dr Sudhir Kumar, Dr Kunal Kundan, Dr Dharmendra Kumar
<b>SESSION: RHEUMATOLOGY - I</b>			
16.30 - 16.45 hrs	A Case Based Approach to Viral Arthritis	Dr Nandini Chaterjee Kolkata	Dr Shankha Sen, Dr Sujeet Madhukar Dr Shiv Kr Suman
<b>16.45 - 17.15 hrs DR SHIV NARAIN SINGH ORATION</b>			
	REACTIVE ARTHRITIS	Dr Milind Nadkar, President API - Mumbai	Dr Jyotirmoy Pal Dr Shree Mohan Mishra
<b>SESSION: EXPERT TALKS</b>			
17.15 - 17.30 hrs	Rabies- Management	Dr Suresh Kushwaha .....	Dr Akash Singh, Dr Vijay Achar Dr Dilip Kumar
17.30 - 17.45 hrs	PADIS in Critical care	Dr Rakesh Bhadade Mumbai	Dr Nandini Chaterjee, Dr Arun Kedia Dr Kumar Durgeshwar
<b>17.45 - 18.15 hrs GB MEETING and DISCUSSION ON APICON-2026</b>			
<b>18.15 Onwards INAUGURATION OF THE CEREMONY AND GALA DINNER</b>			
<b>Hall - "B" DAY 2, November 16<sup>th</sup> 2024, Saturday</b>			
<b>SESSION: CARDIOLOGY - I</b>			
09.00- 09.15 hrs	ECG Correlation with Clinical Cases	Dr Ajay Kr. Sinha Patna	Dr U K Sahani, Dr Kumar Durgeshwar
09.15- 09.30 hrs	COPD & Diastolic heart failure : a complex overlap	Dr Rajiv Ranjan Chhapra	Dr A K Yadav
09.30- 09.45 hrs	Treadmill Test: A Boon or a Bane	Dr Manish Kumar Bhagalpur	Dr Milind Jha, Dr Neeraj Prasad
09.45- 10.00 hrs	Hypertension in Acute Care	Dr Abhishek Kumar Patna	Dr Ajay Kr Mishra
10.00- 10.15 hrs	Optimizing Challenges to Drug Therapy in HFrEF	Dr Vikas Singh Patna	Dr Abdul Wahab, Dr Ajay Kumar, Dr Abhilok Jha
<b>SESSION: EMERGENCY MEDICINE</b>			
10.15- 10.30 hrs	Streamlining the path from Diagnosis to Management in Pulmonary Thromboembolism	Dr Anand Dev Patna	Dr Abdul Wahab, Dr Ajay Kumar, Dr Abhilok Jha
10.30 - 10.45 hrs	Approach to patient with Suspected poisoning	Dr Divendu Bhushan Patna	Dr Rajiv Ranjan, Dr Ajay Kr Sinha, Dr Prashant Kumar
<b>SESSION: MEDICINE AND AI</b>			
10.45 - 11.00 hrs	AI in gastroenterology	Dr Rajib Kumar Singh Chapra	Dr Rajiv Ranjan, Dr Ajay Kr Sinha, Dr Prashant Kumar
11.00 - 11.15 hrs	Impact of Telemedicine on patient care & outcome	Dr Siddharth Patna	Dr Vikas Singh Dr Divendu Bhushan
11.15 - 11.30 hrs	Clinical practice in Age of AI	Dr S S Daria Siliguri	Dr Ashwani Kr Mishra
<b>SESSION: RHEUMATOLOGY - II</b>			
11.30 - 11.45 hrs	An approach to Arthritis in Children	Dr Pratap Kumar Patra Patna	Dr Manish Kumar Dr Abhishek Kumar
11.45 - 12.00 hrs	Approach to Autoimmune Inflammatory Rheumatic Diseases (AIRDs)	Dr Rajesh Kumar Deogarh	Dr Ashok Kr Prasad



TIME	TOPIC	SPEAKER	CHAIRPERSONS
12.00 - 12.15 hrs	Mystery of Vasculitis	Dr Rajan Patna	Dr Anand Dev
12.15 - 12.30 hrs	Spondylitis: What a physician needs to know?	Dr B N Jha Sitamarhi	Dr Rajib Kumar Singh Dr Priyaranjan
<b>SESSION : NEPHROLOGY</b>			
12.30 - 12.45 hrs	RPGN	Dr Om Kumar Patna	Dr Manoj Chaudhary
12.45 - 13.00 hrs	Planning Pregnancy in CKD	Dr Mrityunjay Singh Gaya	Dr B K Singh Dr Pradeep Kr Sharma
13.00 - 13.15 hrs	Finerenone: towards a holistic therapeutic approach to patients with diabetic kidney disease	Dr Shashi Kumar Patna	Dr S S Daria Dr Pratap Kumar Patra
13.15 - 13.30 hrs	SGLT2i in Nondiabetic CKD	Dr C B Prasad Darbhanga	Dr Pankaj Yadav
13.30 - 13.45 hrs	Contrast induced AKI- an overview	Dr Rajeev Kumar Jha Patna	Dr Rajesh Kumar, Dr Rajan Dr Kunal
<b>13.45 - 14.30 hrs LUNCH</b>			
<b>SESSION: SPECIAL SEMINARS</b>			
14.30 - 15.00 hrs	<b>DEBATE: Biologicals vs Oral therapies in Ankylosing Spondylitis   Dr. Arun Kedia vs Dr. Bimlesh Dhar Pandey</b>		
15.00 - 15.15 hrs	From Numbers to Organs Revolutionizing Hypertension Management in T2DM	Dr D K Singh Ranchi	Dr C B Prasad Dr Shashi Kumar
15.15 - 15.30 hrs	Global warming and Health	Dr. Manoj Sundarka	Dr Prashant Kumar
<b>Hall - "A" DAY 3, November 17<sup>th</sup> 2024, Sunday</b>			
<b>SESSION: SUNDRY DISCUSSIONS</b>			
09.00- 09.15 hrs	Basics of Pulmonary Rehabilitation	Dr Sanjay Kumar Patna	Dr S N Goit Dr Naween Kumar
09.15- 09.30 hrs	Role of internist in the era of superspeciality/ Resurgence of internal medicine	Dr Ram Kumar Jamshedpur	Dr S C Jha
<b>SESSION: DIABETES - II</b>			
09.30- 09.45 hrs	Management of Diabetes in Elderly	Dr B K Singh Aurangabad	Dr H S Sharma, Dr D P Singh Dr Prashant Kumar
09.45- 10.00 hrs	Is Sulphonylurea still relevant after CAROLINA and CARMELINA trial	Dr R K Jha Indore	Dr H S Sharma, Dr D P Singh Dr R P Jaiswal
<b>SESSION: CARDIOLOGY - II</b>			
10.00 - 10.15 hrs	Sudden cardiac death - A Physician's perspective	Dr P K Sinha Gaya	Dr Abhilok Jha Dr P K Agrawal
10.15 - 10.30 hrs	Incretins in Cardiometabolic Disease	Dr Ajay Kumar Patna	Dr R K Jha
10.30 - 10.45 hrs	Connecting the Dots with Inclisiran: LDL-C variability and adherence in ASCVD	Dr Ashish Kumar Jha Patna	Dr B K Singh Dr R K Jha
10.45 - 11.00 hrs	Revisiting Beta blockers in HTN	Dr H S Sharma Bhagalpur	Dr Manoj Chaudhary
11.00 - 11.15 hrs	Lipoptotein-a as a Therapeutic Target – What do the evidences show	Dr K K Lohani Gaya	Dr Ajay Kumar Dr Ram Kumar
11.15 - 11.30 hrs	Is Colchicine a game changer in the management of Acute Coronary Syndrome?	Dr M Thakur Sitamarhi	Dr Neeraj Prasad
<b>SESSION: INFECTIOUS DISEASES - II</b>			
11.30 - 11.45 hrs	Anti Retroviral Therapy For HIV-- Current Guidelines and Peep into the future	Dr Deepanjan Bandyopadhyay Siliguri	Dr P K Sinha Dr K K Lohani
11.45 - 12.00 hrs	TB and DM- Double Whammy	Dr D P Singh Bhagalpur	Dr Priyaranjan
12.00 - 12.15 hrs	Common mistakes in Diagnosis and Management of Tuberculosis	Dr Shailendra Kumar Muzaffarpur	Dr Vijay Kumar, Dr Arshad Dr Sanjeev Kumar
<b>SESSION: HONOURARY LECTURE</b>			
12.15 - 12.30 hrs	Acute Pancreatitis Initial Mx	Dr Vijay Prakash Patna	Dr Vijay Kumar, Dr Arshad, Dr Sanjeev Kumar
<b>12.30 - 13.00 hrs DR B B THAKUR ORATION</b>			
	Elimination of Kalazar from India	Dr Shyam Sundar Varanasi	Dr K Tiwari Dr A K Das
<b>13.00 - 13.30 hrs CHAIRMAN ORATION</b>			
	Hypertensive Disease in Pregnancy	Dr P K Agrawal Katihar	Dr Arvind Kumar Dr R K Das
<b>SESSION: ECLECTIC TALKS</b>			
13.30 - 13.45 hrs	Approach to Pancytopenia & update on aplastic anemia	Dr Avinash Singh Patna	Dr Dipanjan Bandyopadhyay Dr M Thakur
13.45 - 14.00 hrs	Emergency room approach to vertigo	Dr Sanjay Kumar Patna	Dr Shiv Kr Suman
14.00 - 14.15 hrs	Recent Advances in Medical Oncology	Dr Arbind Kumar Patna	Dr Vijay Prakash, Dr Ram Kumar Dr Milind Jha
<b>14.15 Onward LUNCH</b>			